- Beaches in NZ are never more than a quick day trip away. No part of the country is more than 128 km away from the coast.
- NZ pioneered women's rights long before countries like the US and the UK, and became the first country in the world to give all women the right to vote in 1893.
- NZ is an island grouping devoid of snakes, killer jellyfish, or other deadly creepy crawlies.
- NZ also claims to be the "adventure capital of the world"
- ➤ The town of Gisborne on New Zealand's east coast is said to be the world's first city to see sunrise each day!
- Bungee jumping in its current form began in NZ in the 1980s, when AJ Hackett designed the elastic bungee cord, and began bungee operations off the Kawarau Bridge in Queenstown.
- Because of the stunning nature and creative, laid-back locals, some of the biggest blockbusters of the last years have been filmed in NZ. These include The Lord of the Rings trilogy to The Hobbit, King Kong, The Piano, The Last Samurai and Whale Rider.
- You do not need to leave a tip after dining out or a taxi ride. It is either not expected, or is automatically tacked on to your bill as a service charge.

To fulfil your dreams or goals, we at KD Hospital provide Immigrants visa health checkup services for New Zealand. All you need to bring is:

- Original passport with 3 photocopies
- > 4 passport size photographs

# Other things to keep in mind when you come for the Immigrants visa health check up:

- Bring your original passport with 3 photocopies and a photocopy of all your past and present medical records, medicines, prescriptions, vaccination (if any), eye glasses (if worn) records
- ➤ There are no food restrictions. You do not need to come fasting.
- Come with prior appointment to avoid waiting time
- ➤ All the procedures may take upto 3-4 hours
- Pregnant applicants have the option to undergo chest x-ray with protective gear (double lead shield covering of the abdomen) or can defer medical exam until post delivery. Applicant has to check with their gynaecologist before coming for the medicals regarding the above.



# **Book an Appointment**

Strictly By Appointment

+91 79667 70077

+91 98240 53196

+91 99791 53196

Days: Monday to Saturday (except public holidays)
Timing: 9 AM to 5 PM



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in KD Hospital



# New Zealand

(NZ, Maori Aotearoa)
Land of the Long White Cloud



"There's a real purity in New Zealand. It's actually not an easy thing to find in our world any more ." - Elijah Wood

# Geography

New Zealand (NZ) is a country in the southwestern Pacific Ocean consisting of 2 main islands - North island and South island. Active volcanoes, spectacular caves, deep glacier lakes, verdant valleys, dazzling fjords, long sandy beaches, and the spectacular snowcapped peaks of the Southern Alps on the South Island - all contribute to NZ's scenic beauty.

### Capital - Wellington

# **Major cities**

Auckland, Christchurch, Dunedin, Hamilton, Tauranga

# Time zones

North Island and South Island, both lie in the same time zone, New Zealand Daylight Time (NZDT). The other time zones attributed to a dependencies are Chatham Island Daylight Time (CHADT) and Tokelau Time (TKT).

#### Government

NZ is a constitutional monarchy with a parliamentary system of government. Queen of England is the head of the state and is represented by the Governor-General. The Prime Minister is chosen by the people.

#### Climate

NZ's climate is predominantly temperate maritime, with mean annual temperatures ranging from 10 °C in the south to 16 °C in the north

#### **Popular food**

Hangi, Crayfish, Hokey Pokey ice cream, Kina, Kiwi burger, Jaffas, Paulova, Lemon & Paeroa (L&P), Whitebait fritters, Manuka honey, Kumara, Paua, Roast lamb, Savoury pies, Fish & chips

# Religion

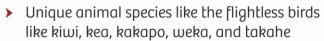
Mainly Christianity with the major denominations including Catholic and Anglican

# **Sports**

Rugby union, rugby league, golf, cricket, football (soccer), basketball, and netball.

# **Major attractions**

- > Bay of Islands
- Tiritiri Matangi island
- > Blue lake clearest lake in the world
- Tongariro National Park
- > Milford Sound, Fiordland National Park
- Queenstown
- Lake Taupo
- Lake Wakatipu
- ➤ Wai-o-tapu
- > Tongariro National Park
- Rotorua
- Fox and Franz Josef Glaciers
- Abel Tasman National Park
- Abel Tasman Coast Track
- Aoraki / Mount Cook National Park
- Napier, Hawke's Bay
- Auckland
- Coromandel Peninsula
- Kaikoura
- Waiheke Island
- Sky Tower
- Mount Maunganui
- Hokitika gorge
- Tunnel beach
- Hot water beach
- Franz Josef glacier
- Hamilton gardens
- Waitomo caues
- Southern alps



# Language

The official languages are English, Maori, and NZ Sign Language, with English being very dominant

# **Currency - New Zealand dollar**

# **Driving**

Driving on the left side of the road is a norm

#### **Fascinating Facts about NZ**

- ▶ NZ is the newest country. Because of its remoteness, it was one of the last lands to be settled by humans.
- ▶ Before humans, the country had only one mammal-abatthe size of your thumb.
- NZ is part of the Ring of Fire the circum-Pacific seismic belt marked by frequent earthquakes and considerable volcanic activity. It is also known as the Shaky Isles.
- ➤ NZ has a very high sheep-to-human ratio, specially the South island is densely populated with sheep. Because of this large number of sheep, you can find lamb and mutton on just about any menuin NZ.
- ➤ The first man to summit Mount Everest was a Kiwi-Sir Edmund Hilary
- NZ is a book-reading nation It has more number of bookstores per head than any other country
- ➤ The giant bird, Moa, was a native of NZ but has now become extinct
- Sitting on tables is a huge cultural taboo in Maori culture.

